

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Cajun Shrimp Nachos

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,363 kcal
Calories From Fat	780 kcal
<b>Protein</b>	47 g
<b>Total lipid (fat)</b>	89 g
Fatty acids, total saturated	34 g
Fatty acids, total trans	0 g
Cholesterol	239 mg
<b>Carbohydrate, by difference</b>	119 g
Fiber, total dietary	8 g
Sugars, total	12 g
<b>Sodium, Na</b>	3,855 mg

### Chili Nachos

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	2,425 kcal
Calories From Fat	1,185 kcal
<b>Protein</b>	51 g
<b>Total lipid (fat)</b>	105 g
Fatty acids, total saturated	46 g
Fatty acids, total trans	1 g
Cholesterol	161 mg
<b>Carbohydrate, by difference</b>	127 g
Fiber, total dietary	11 g
Sugars, total	11 g
<b>Sodium, Na</b>	2,422 mg

### Chips & Rotel

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,193 kcal
Calories From Fat	605 kcal
<b>Protein</b>	29 g
<b>Total lipid (fat)</b>	67 g
Fatty acids, total saturated	35 g
Fatty acids, total trans	g
Cholesterol	84 mg
<b>Carbohydrate, by difference</b>	113 g
Fiber, total dietary	7 g
Sugars, total	10 g
<b>Sodium, Na</b>	2,769 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### BBQ Chicken Nachos

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,185 kcal
Calories From Fat	623 kcal
<b>Protein</b>	43 g
<b>Total lipid (fat)</b>	69 g
Fatty acids, total saturated	28 g
Fatty acids, total trans	0 g
Cholesterol	128 mg
<b>Carbohydrate, by difference</b>	127 g
Fiber, total dietary	6 g
Sugars, total	34 g
<b>Sodium, Na</b>	3,065 mg

### Mediterranean Hummus

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	604 kcal
Calories From Fat	227 kcal
<b>Protein</b>	23 g
<b>Total lipid (fat)</b>	33 g
Fatty acids, total saturated	5 g
Fatty acids, total trans	0 g
Cholesterol	0 mg
<b>Carbohydrate, by difference</b>	86 g
Fiber, total dietary	13 g
Sugars, total	9 g
<b>Sodium, Na</b>	1,908 mg

### Broccoli & Cheese Soup Cup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	265 kcal
Calories From Fat	139 kcal
<b>Protein</b>	14 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	0 g
Cholesterol	49 mg
<b>Carbohydrate, by difference</b>	18 g
Fiber, total dietary	2 g
Sugars, total	5 g
<b>Sodium, Na</b>	1,591 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Broccoli & Cheese Soup Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	733 kcal
Calories From Fat	288 kcal
<b>Protein</b>	33 g
<b>Total lipid (fat)</b>	31 g
Fatty acids, total saturated	20 g
Fatty acids, total trans	0 g
Cholesterol	98 mg
<b>Carbohydrate, by difference</b>	66 g
Fiber, total dietary	6 g
Sugars, total	10 g
<b>Sodium, Na</b>	3,473 mg

### Crawfish Bisque Cup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	727 kcal
Calories From Fat	275 kcal
<b>Protein</b>	10 g
<b>Total lipid (fat)</b>	19 g
Fatty acids, total saturated	9 g
Fatty acids, total trans	0 g
Cholesterol	70 mg
<b>Carbohydrate, by difference</b>	14 g
Fiber, total dietary	0 g
Sugars, total	1 g
<b>Sodium, Na</b>	1,190 mg

### Crawfish Bisque Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,657 kcal
Calories From Fat	560 kcal
<b>Protein</b>	24 g
<b>Total lipid (fat)</b>	37 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	0 g
Cholesterol	140 mg
<b>Carbohydrate, by difference</b>	57 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	2,670 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Creamy Chicken Noodle Soup Cup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	637 kcal
Calories From Fat	177 kcal
<b>Protein</b>	24 g
<b>Total lipid (fat)</b>	13 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	8 g
Cholesterol	73 mg
<b>Carbohydrate, by difference</b>	5 g
Fiber, total dietary	8 g
Sugars, total	0 g
<b>Sodium, Na</b>	896 mg

### Creamy Chicken Noodle Soup Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,477 kcal
Calories From Fat	365 kcal
<b>Protein</b>	51 g
<b>Total lipid (fat)</b>	25 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	15 g
Cholesterol	146 mg
<b>Carbohydrate, by difference</b>	39 g
Fiber, total dietary	17 g
Sugars, total	1 g
<b>Sodium, Na</b>	2,083 mg

### Chicken & Sausage Gumbo Cup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	614 kcal
Calories From Fat	154 kcal
<b>Protein</b>	14 g
<b>Total lipid (fat)</b>	9 g
Fatty acids, total saturated	3 g
Fatty acids, total trans	0 g
Cholesterol	38 mg
<b>Carbohydrate, by difference</b>	12 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	458 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Chicken & Sausage Gumbo Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,431 kcal
Calories From Fat	319 kcal
<b>Protein</b>	31 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	0 g
Cholesterol	76 mg
<b>Carbohydrate, by difference</b>	53 g
Fiber, total dietary	3 g
Sugars, total	4 g
<b>Sodium, Na</b>	1,206 mg

### Tomato Basil Soup Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,657 kcal
Calories From Fat	500 kcal
<b>Protein</b>	10 g
<b>Total lipid (fat)</b>	33 g
Fatty acids, total saturated	14 g
Fatty acids, total trans	0 g
Cholesterol	70 mg
<b>Carbohydrate, by difference</b>	75 g
Fiber, total dietary	1 g
Sugars, total	19 g
<b>Sodium, Na</b>	2,170 mg

### Tomato Basil Soup Cup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	727 kcal
Calories From Fat	245 kcal
<b>Protein</b>	3 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	7 g
Fatty acids, total trans	0 g
Cholesterol	35 mg
<b>Carbohydrate, by difference</b>	23 g
Fiber, total dietary	0 g
Sugars, total	9 g
<b>Sodium, Na</b>	940 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Loaded Potato Soup Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,348 kcal
Calories From Fat	261 kcal
<b>Protein</b>	17 g
<b>Total lipid (fat)</b>	18 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	30 mg
<b>Carbohydrate, by difference</b>	99 g
Fiber, total dietary	7 g
Sugars, total	4 g
<b>Sodium, Na</b>	1,525 mg

### Loaded Potato Soup Cup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	592 kcal
Calories From Fat	139 kcal
<b>Protein</b>	8 g
<b>Total lipid (fat)</b>	11 g
Fatty acids, total saturated	5 g
Fatty acids, total trans	0 g
Cholesterol	19 mg
<b>Carbohydrate, by difference</b>	35 g
Fiber, total dietary	3 g
Sugars, total	2 g
<b>Sodium, Na</b>	641 mg

### Homemade Chili Bowl

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	2,651 kcal
Calories From Fat	1,014 kcal
<b>Protein</b>	50 g
<b>Total lipid (fat)</b>	59 g
Fatty acids, total saturated	24 g
Fatty acids, total trans	3 g
Cholesterol	139 mg
<b>Carbohydrate, by difference</b>	95 g
Fiber, total dietary	12 g
Sugars, total	13 g
<b>Sodium, Na</b>	1,811 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Homemade Chili Cup

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,393 kcal
Calories From Fat	589 kcal
<b>Protein</b>	27 g
<b>Total lipid (fat)</b>	39 g
Fatty acids, total saturated	17 g
Fatty acids, total trans	1 g
Cholesterol	78 mg
<b>Carbohydrate, by difference</b>	49 g
Fiber, total dietary	7 g
Sugars, total	7 g
<b>Sodium, Na</b>	928 mg

### Three-Bean Vegan Chili Bowl

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	830 kcal
Calories From Fat	162 kcal
<b>Protein</b>	27 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	0 g
Cholesterol	0 mg
<b>Carbohydrate, by difference</b>	128 g
Fiber, total dietary	24 g
Sugars, total	5 g
<b>Sodium, Na</b>	2,959 mg

### Three-Bean Vegan Chili Cup

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	440 kcal
Calories From Fat	137 kcal
<b>Protein</b>	13 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	0 g
Cholesterol	0 mg
<b>Carbohydrate, by difference</b>	64 g
Fiber, total dietary	13 g
Sugars, total	2 g
<b>Sodium, Na</b>	1,454 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Chef Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	506 kcal
Calories From Fat	248 kcal
<b>Protein</b>	36 g
<b>Total lipid (fat)</b>	28 g
Fatty acids, total saturated	17 g
Fatty acids, total trans	0 g
Cholesterol	107 mg
<b>Carbohydrate, by difference</b>	21 g
Fiber, total dietary	5 g
Sugars, total	9 g
<b>Sodium, Na</b>	1,452 mg

### Cobb Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	855 kcal
Calories From Fat	512 kcal
<b>Protein</b>	41 g
<b>Total lipid (fat)</b>	56 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	0 g
Cholesterol	296 mg
<b>Carbohydrate, by difference</b>	53 g
Fiber, total dietary	6 g
Sugars, total	28 g
<b>Sodium, Na</b>	1,553 mg

### Chicken Waldorf Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	709 kcal
Calories From Fat	432 kcal
<b>Protein</b>	34 g
<b>Total lipid (fat)</b>	47 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	2 g
Cholesterol	100 mg
<b>Carbohydrate, by difference</b>	33 g
Fiber, total dietary	4 g
Sugars, total	23 g
<b>Sodium, Na</b>	1,289 mg



# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Oven-Roasted Chicken Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	680 kcal
Calories From Fat	336 kcal
<b>Protein</b>	55 g
<b>Total lipid (fat)</b>	37 g
Fatty acids, total saturated	17 g
Fatty acids, total trans	0 g
Cholesterol	187 mg
<b>Carbohydrate, by difference</b>	20 g
Fiber, total dietary	5 g
Sugars, total	7 g
<b>Sodium, Na</b>	1,027 mg

### Chicken Salad Tomato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	735 kcal
Calories From Fat	423 kcal
<b>Protein</b>	33 g
<b>Total lipid (fat)</b>	47 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	330 mg
<b>Carbohydrate, by difference</b>	50 g
Fiber, total dietary	6 g
Sugars, total	34 g
<b>Sodium, Na</b>	677 mg

### Taco Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,923 kcal
Calories From Fat	937 kcal
<b>Protein</b>	45 g
<b>Total lipid (fat)</b>	78 g
Fatty acids, total saturated	34 g
Fatty acids, total trans	1 g
Cholesterol	161 mg
<b>Carbohydrate, by difference</b>	70 g
Fiber, total dietary	13 g
Sugars, total	17 g
<b>Sodium, Na</b>	2,147 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Big Greek Hummus Salad

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	961 kcal
Calories From Fat	487 kcal
<b>Protein</b>	32 g
<b>Total lipid (fat)</b>	56 g
Fatty acids, total saturated	11 g
Fatty acids, total trans	0 g
Cholesterol	28 mg
<b>Carbohydrate, by difference</b>	99 g
Fiber, total dietary	17 g
Sugars, total	15 g
<b>Sodium, Na</b>	2,881 mg

### Chicken Caesar Salad

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	889 kcal
Calories From Fat	589 kcal
<b>Protein</b>	47 g
<b>Total lipid (fat)</b>	65 g
Fatty acids, total saturated	15 g
Fatty acids, total trans	0 g
Cholesterol	124 mg
<b>Carbohydrate, by difference</b>	26 g
Fiber, total dietary	12 g
Sugars, total	11 g
<b>Sodium, Na</b>	1,802 mg

### Bayou Shrimp Flatbread

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	848 kcal
Calories From Fat	614 kcal
<b>Protein</b>	51 g
<b>Total lipid (fat)</b>	74 g
Fatty acids, total saturated	23 g
Fatty acids, total trans	0 g
Cholesterol	255 mg
<b>Carbohydrate, by difference</b>	66 g
Fiber, total dietary	3 g
Sugars, total	9 g
<b>Sodium, Na</b>	2,035 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Meat Lovers Flatbread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	832 kcal
Calories From Fat	375 kcal
<b>Protein</b>	48 g
<b>Total lipid (fat)</b>	48 g
Fatty acids, total saturated	17 g
Fatty acids, total trans	3 g
Cholesterol	135 mg
<b>Carbohydrate, by difference</b>	68 g
Fiber, total dietary	2 g
Sugars, total	8 g
<b>Sodium, Na</b>	2,896 mg

### BBQ Chicken Flatbread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	681 kcal
Calories From Fat	326 kcal
<b>Protein</b>	54 g
<b>Total lipid (fat)</b>	40 g
Fatty acids, total saturated	20 g
Fatty acids, total trans	0 g
Cholesterol	162 mg
<b>Carbohydrate, by difference</b>	126 g
Fiber, total dietary	6 g
Sugars, total	63 g
<b>Sodium, Na</b>	2,041 mg

### Roasted Chicken Sandwich Regular

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	588 kcal
Calories From Fat	376 kcal
<b>Protein</b>	33 g
<b>Total lipid (fat)</b>	42 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	1 g
Cholesterol	126 mg
<b>Carbohydrate, by difference</b>	24 g
Fiber, total dietary	1 g
Sugars, total	18 g
<b>Sodium, Na</b>	980 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Roasted Chicken Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,002 kcal
Calories From Fat	628 kcal
<b>Protein</b>	63 g
<b>Total lipid (fat)</b>	69 g
Fatty acids, total saturated	19 g
Fatty acids, total trans	1 g
Cholesterol	233 mg
<b>Carbohydrate, by difference</b>	36 g
Fiber, total dietary	1 g
Sugars, total	28 g
<b>Sodium, Na</b>	1,303 mg

### The Blitz Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	251 kcal
Calories From Fat	134 kcal
<b>Protein</b>	21 g
<b>Total lipid (fat)</b>	16 g
Fatty acids, total saturated	3 g
Fatty acids, total trans	1 g
Cholesterol	45 mg
<b>Carbohydrate, by difference</b>	8 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	2,004 mg

### The Blitz Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	499 kcal
Calories From Fat	268 kcal
<b>Protein</b>	41 g
<b>Total lipid (fat)</b>	31 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	1 g
Cholesterol	91 mg
<b>Carbohydrate, by difference</b>	13 g
Fiber, total dietary	1 g
Sugars, total	4 g
<b>Sodium, Na</b>	3,553 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Smoked Cheddar Melt Sandwich Regular

Serving Size: 1 each

# Servings: 1

Notes:

<b>Energy</b>	470 kcal
Calories From Fat	316 kcal
<b>Protein</b>	31 g
<b>Total lipid (fat)</b>	35 g
Fatty acids, total saturated	13 g
Fatty acids, total trans	1 g
Cholesterol	105 mg
<b>Carbohydrate, by difference</b>	8 g
Fiber, total dietary	1 g
Sugars, total	5 g
<b>Sodium, Na</b>	3,003 mg

### Smoked Cheddar Melt Sandwich Large

Serving Size: 1 each

# Servings: 1

Notes:

<b>Energy</b>	834 kcal
Calories From Fat	556 kcal
<b>Protein</b>	58 g
<b>Total lipid (fat)</b>	61 g
Fatty acids, total saturated	21 g
Fatty acids, total trans	1 g
Cholesterol	190 mg
<b>Carbohydrate, by difference</b>	14 g
Fiber, total dietary	1 g
Sugars, total	9 g
<b>Sodium, Na</b>	5,181 mg

### Peppers & Beef Sandwich Regular

Serving Size: 1 each

# Servings: 1

Notes:

<b>Energy</b>	385 kcal
Calories From Fat	225 kcal
<b>Protein</b>	29 g
<b>Total lipid (fat)</b>	26 g
Fatty acids, total saturated	9 g
Fatty acids, total trans	1 g
Cholesterol	42 mg
<b>Carbohydrate, by difference</b>	9 g
Fiber, total dietary	2 g
Sugars, total	4 g
<b>Sodium, Na</b>	2,432 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Peppers & Beef Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	715 kcal
Calories From Fat	415 kcal
<b>Protein</b>	55 g
<b>Total lipid (fat)</b>	48 g
Fatty acids, total saturated	15 g
Fatty acids, total trans	1 g
Cholesterol	74 mg
<b>Carbohydrate, by difference</b>	15 g
Fiber, total dietary	3 g
Sugars, total	6 g
<b>Sodium, Na</b>	4,053 mg

### Chicken Salad Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	603 kcal
Calories From Fat	469 kcal
<b>Protein</b>	24 g
<b>Total lipid (fat)</b>	52 g
Fatty acids, total saturated	9 g
Fatty acids, total trans	1 g
Cholesterol	150 mg
<b>Carbohydrate, by difference</b>	15 g
Fiber, total dietary	3 g
Sugars, total	7 g
<b>Sodium, Na</b>	1,058 mg

### Chicken Salad Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	949 kcal
Calories From Fat	753 kcal
<b>Protein</b>	35 g
<b>Total lipid (fat)</b>	83 g
Fatty acids, total saturated	14 g
Fatty acids, total trans	1 g
Cholesterol	227 mg
<b>Carbohydrate, by difference</b>	21 g
Fiber, total dietary	4 g
Sugars, total	10 g
<b>Sodium, Na</b>	1,391 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Smoked Turkey Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	245 kcal
Calories From Fat	122 kcal
<b>Protein</b>	17 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	2 g
Fatty acids, total trans	1 g
Cholesterol	47 mg
<b>Carbohydrate, by difference</b>	11 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	1,659 mg

### Smoked Turkey Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	484 kcal
Calories From Fat	243 kcal
<b>Protein</b>	35 g
<b>Total lipid (fat)</b>	31 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	1 g
Cholesterol	94 mg
<b>Carbohydrate, by difference</b>	19 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	2,862 mg

### Hickory Smoked Ham Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	245 kcal
Calories From Fat	143 kcal
<b>Protein</b>	20 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	3 g
Fatty acids, total trans	1 g
Cholesterol	61 mg
<b>Carbohydrate, by difference</b>	7 g
Fiber, total dietary	1 g
Sugars, total	4 g
<b>Sodium, Na</b>	2,178 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Hickory Smoked Ham Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	484 kcal
Calories From Fat	286 kcal
<b>Protein</b>	40 g
<b>Total lipid (fat)</b>	31 g
Fatty acids, total saturated	7 g
Fatty acids, total trans	1 g
Cholesterol	122 mg
<b>Carbohydrate, by difference</b>	12 g
Fiber, total dietary	1 g
Sugars, total	8 g
<b>Sodium, Na</b>	3,901 mg

### Roast Beef Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	284 kcal
Calories From Fat	153 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	18 g
Fatty acids, total saturated	5 g
Fatty acids, total trans	1 g
Cholesterol	29 mg
<b>Carbohydrate, by difference</b>	8 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	2,257 mg

### Roast Beef Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	524 kcal
Calories From Fat	285 kcal
<b>Protein</b>	43 g
<b>Total lipid (fat)</b>	33 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	1 g
Cholesterol	51 mg
<b>Carbohydrate, by difference</b>	10 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	3,776 mg



# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Corned Beef Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	287 kcal
Calories From Fat	185 kcal
<b>Protein</b>	20 g
<b>Total lipid (fat)</b>	21 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	1 g
Cholesterol	58 mg
<b>Carbohydrate, by difference</b>	7 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	1,911 mg

### Corned Beef Sandwich Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	569 kcal
Calories From Fat	370 kcal
<b>Protein</b>	39 g
<b>Total lipid (fat)</b>	41 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	1 g
Cholesterol	115 mg
<b>Carbohydrate, by difference</b>	11 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	3,367 mg

### Salami Sandwich Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	118 kcal
Calories From Fat	101 kcal
<b>Protein</b>	21 g
<b>Total lipid (fat)</b>	42 g
Fatty acids, total saturated	13 g
Fatty acids, total trans	16 g
Cholesterol	87 mg
<b>Carbohydrate, by difference</b>	8 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	2,279 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Salami Sandwich Large

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	232 kcal
Calories From Fat	201 kcal
<b>Protein</b>	41 g
<b>Total lipid (fat)</b>	84 g
Fatty acids, total saturated	26 g
Fatty acids, total trans	30 g
Cholesterol	174 mg
<b>Carbohydrate, by difference</b>	14 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	4,102 mg

### Southern Club Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	827 kcal
Calories From Fat	606 kcal
<b>Protein</b>	33 g
<b>Total lipid (fat)</b>	71 g
Fatty acids, total saturated	15 g
Fatty acids, total trans	6 g
Cholesterol	81 mg
<b>Carbohydrate, by difference</b>	83 g
Fiber, total dietary	3 g
Sugars, total	25 g
<b>Sodium, Na</b>	3,354 mg

### Roasted Veggie Pita

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	773 kcal
Calories From Fat	333 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	37 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	19 mg
<b>Carbohydrate, by difference</b>	91 g
Fiber, total dietary	9 g
Sugars, total	29 g
<b>Sodium, Na</b>	1,711 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Shrimp Pita

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	582 kcal
Calories From Fat	299 kcal
<b>Protein</b>	43 g
<b>Total lipid (fat)</b>	54 g
Fatty acids, total saturated	16 g
Fatty acids, total trans	1 g
Cholesterol	226 mg
<b>Carbohydrate, by difference</b>	68 g
Fiber, total dietary	5 g
Sugars, total	7 g
<b>Sodium, Na</b>	2,763 mg

### Buffalo Chicken Sandwich Regular

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	659 kcal
Calories From Fat	271 kcal
<b>Protein</b>	39 g
<b>Total lipid (fat)</b>	29 g
Fatty acids, total saturated	9 g
Fatty acids, total trans	1 g
Cholesterol	115 mg
<b>Carbohydrate, by difference</b>	37 g
Fiber, total dietary	2 g
Sugars, total	3 g
<b>Sodium, Na</b>	2,003 mg

### Buffalo Chicken Sandwich Large

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,284 kcal
Calories From Fat	518 kcal
<b>Protein</b>	76 g
<b>Total lipid (fat)</b>	56 g
Fatty acids, total saturated	16 g
Fatty acids, total trans	1 g
Cholesterol	224 mg
<b>Carbohydrate, by difference</b>	73 g
Fiber, total dietary	3 g
Sugars, total	6 g
<b>Sodium, Na</b>	3,486 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Turkey & Avocado Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	345 kcal
Calories From Fat	92 kcal
<b>Protein</b>	31 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	1 g
Fatty acids, total trans	0 g
Cholesterol	42 mg
<b>Carbohydrate, by difference</b>	101 g
Fiber, total dietary	8 g
Sugars, total	27 g
<b>Sodium, Na</b>	2,298 mg

### White BBQ Chicken Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,081 kcal
Calories From Fat	664 kcal
<b>Protein</b>	44 g
<b>Total lipid (fat)</b>	73 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	1 g
Cholesterol	146 mg
<b>Carbohydrate, by difference</b>	43 g
Fiber, total dietary	1 g
Sugars, total	5 g
<b>Sodium, Na</b>	1,873 mg

### Club Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	856 kcal
Calories From Fat	444 kcal
<b>Protein</b>	40 g
<b>Total lipid (fat)</b>	53 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	1 g
Cholesterol	110 mg
<b>Carbohydrate, by difference</b>	66 g
Fiber, total dietary	4 g
Sugars, total	12 g
<b>Sodium, Na</b>	2,712 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Chicken Club Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	991 kcal
Calories From Fat	512 kcal
<b>Protein</b>	52 g
<b>Total lipid (fat)</b>	59 g
Fatty acids, total saturated	19 g
Fatty acids, total trans	1 g
Cholesterol	162 mg
<b>Carbohydrate, by difference</b>	70 g
Fiber, total dietary	4 g
Sugars, total	17 g
<b>Sodium, Na</b>	1,976 mg

### California Club Sub Regular

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	566 kcal
Calories From Fat	372 kcal
<b>Protein</b>	28 g
<b>Total lipid (fat)</b>	44 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	1 g
Cholesterol	87 mg
<b>Carbohydrate, by difference</b>	21 g
Fiber, total dietary	3 g
Sugars, total	5 g
<b>Sodium, Na</b>	3,162 mg

### California Club Sub Large

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,746 kcal
Calories From Fat	685 kcal
<b>Protein</b>	67 g
<b>Total lipid (fat)</b>	74 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	1 g
Cholesterol	154 mg
<b>Carbohydrate, by difference</b>	121 g
Fiber, total dietary	9 g
Sugars, total	16 g
<b>Sodium, Na</b>	5,924 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### White Hoagie Bread Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	260 kcal
Calories From Fat	22 kcal
<b>Protein</b>	6 g
<b>Total lipid (fat)</b>	2 g
Fatty acids, total saturated	1 g
Fatty acids, total trans	g
Cholesterol	5 mg
<b>Carbohydrate, by difference</b>	32 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	350 mg

### White Hoagie Bread Large

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	520 kcal
Calories From Fat	44 kcal
<b>Protein</b>	12 g
<b>Total lipid (fat)</b>	3 g
Fatty acids, total saturated	1 g
Fatty acids, total trans	g
Cholesterol	10 mg
<b>Carbohydrate, by difference</b>	64 g
Fiber, total dietary	2 g
Sugars, total	2 g
<b>Sodium, Na</b>	700 mg

### Wheat Hoagie Bread Regular

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	380 kcal
Calories From Fat	35 kcal
<b>Protein</b>	6 g
<b>Total lipid (fat)</b>	2 g
Fatty acids, total saturated	g
Fatty acids, total trans	g
Cholesterol	mg
<b>Carbohydrate, by difference</b>	37 g
Fiber, total dietary	3 g
Sugars, total	3 g
<b>Sodium, Na</b>	510 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Wheat Hoagie Bread Large

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	760 kcal
Calories From Fat	70 kcal
<b>Protein</b>	12 g
<b>Total lipid (fat)</b>	4 g
Fatty acids, total saturated	g
Fatty acids, total trans	g
Cholesterol	mg
<b>Carbohydrate, by difference</b>	74 g
Fiber, total dietary	6 g
Sugars, total	6 g
<b>Sodium, Na</b>	1,020 mg

### Croissant Bread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	330 kcal
Calories From Fat	125 kcal
<b>Protein</b>	7 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	9 g
Fatty acids, total trans	g
Cholesterol	40 mg
<b>Carbohydrate, by difference</b>	41 g
Fiber, total dietary	1 g
Sugars, total	6 g
<b>Sodium, Na</b>	390 mg

### Wheat Toast Bread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	90 kcal
Calories From Fat	14 kcal
<b>Protein</b>	3 g
<b>Total lipid (fat)</b>	2 g
Fatty acids, total saturated	g
Fatty acids, total trans	g
Cholesterol	mg
<b>Carbohydrate, by difference</b>	17 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	200 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Gluten Free Udi Bread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	140 kcal
Calories From Fat	36 kcal
<b>Protein</b>	4 g
<b>Total lipid (fat)</b>	4 g
Fatty acids, total saturated	g
Fatty acids, total trans	g
Cholesterol	mg
<b>Carbohydrate, by difference</b>	22 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	300 mg

### Focaccia Bread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	17 kcal
Calories From Fat	kcal
<b>Protein</b>	1 g
<b>Total lipid (fat)</b>	0 g
Fatty acids, total saturated	g
Fatty acids, total trans	g
Cholesterol	mg
<b>Carbohydrate, by difference</b>	3 g
Fiber, total dietary	0 g
Sugars, total	g
<b>Sodium, Na</b>	36 mg

### Sourdough Bread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	kcal
Calories From Fat	0 kcal
<b>Protein</b>	12 g
<b>Total lipid (fat)</b>	4 g
Fatty acids, total saturated	0 g
Fatty acids, total trans	0 g
Cholesterol	0 mg
<b>Carbohydrate, by difference</b>	60 g
Fiber, total dietary	2 g
Sugars, total	4 g
<b>Sodium, Na</b>	704 mg



# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Marble Rye Bread

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	280 kcal
Calories From Fat	40 kcal
<b>Protein</b>	12 g
<b>Total lipid (fat)</b>	6 g
Fatty acids, total saturated	g
Fatty acids, total trans	g
Cholesterol	mg
<b>Carbohydrate, by difference</b>	6 g
Fiber, total dietary	4 g
Sugars, total	2 g
<b>Sodium, Na</b>	564 mg

### Mediterranean Chicken Panini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	855 kcal
Calories From Fat	386 kcal
<b>Protein</b>	53 g
<b>Total lipid (fat)</b>	53 g
Fatty acids, total saturated	17 g
Fatty acids, total trans	6 g
Cholesterol	167 mg
<b>Carbohydrate, by difference</b>	47 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	2,877 mg

### Cuban Panini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	766 kcal
Calories From Fat	277 kcal
<b>Protein</b>	42 g
<b>Total lipid (fat)</b>	31 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	1 g
Cholesterol	116 mg
<b>Carbohydrate, by difference</b>	57 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	3,719 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Southwestern Quesadilla Panini

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,305 kcal
Calories From Fat	719 kcal
<b>Protein</b>	54 g
<b>Total lipid (fat)</b>	91 g
Fatty acids, total saturated	37 g
Fatty acids, total trans	4 g
Cholesterol	191 mg
<b>Carbohydrate, by difference</b>	75 g
Fiber, total dietary	7 g
Sugars, total	12 g
<b>Sodium, Na</b>	3,191 mg

### Southwestern Veggie Quesadilla Panini

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,156 kcal
Calories From Fat	673 kcal
<b>Protein</b>	31 g
<b>Total lipid (fat)</b>	86 g
Fatty acids, total saturated	34 g
Fatty acids, total trans	4 g
Cholesterol	109 mg
<b>Carbohydrate, by difference</b>	74 g
Fiber, total dietary	7 g
Sugars, total	11 g
<b>Sodium, Na</b>	3,119 mg

### Sicilian Panini

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,007 kcal
Calories From Fat	555 kcal
<b>Protein</b>	44 g
<b>Total lipid (fat)</b>	71 g
Fatty acids, total saturated	23 g
Fatty acids, total trans	5 g
Cholesterol	139 mg
<b>Carbohydrate, by difference</b>	51 g
Fiber, total dietary	2 g
Sugars, total	5 g
<b>Sodium, Na</b>	3,161 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Reuben Panini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	991 kcal
Calories From Fat	530 kcal
<b>Protein</b>	45 g
<b>Total lipid (fat)</b>	61 g
Fatty acids, total saturated	21 g
Fatty acids, total trans	1 g
Cholesterol	140 mg
<b>Carbohydrate, by difference</b>	27 g
Fiber, total dietary	14 g
Sugars, total	9 g
<b>Sodium, Na</b>	4,433 mg

### Southwest Wrap

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	801 kcal
Calories From Fat	268 kcal
<b>Protein</b>	50 g
<b>Total lipid (fat)</b>	37 g
Fatty acids, total saturated	17 g
Fatty acids, total trans	1 g
Cholesterol	139 mg
<b>Carbohydrate, by difference</b>	88 g
Fiber, total dietary	6 g
Sugars, total	27 g
<b>Sodium, Na</b>	2,545 mg

### Cajun Shrimp Wrap

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	569 kcal
Calories From Fat	241 kcal
<b>Protein</b>	31 g
<b>Total lipid (fat)</b>	36 g
Fatty acids, total saturated	7 g
Fatty acids, total trans	1 g
Cholesterol	179 mg
<b>Carbohydrate, by difference</b>	61 g
Fiber, total dietary	4 g
Sugars, total	8 g
<b>Sodium, Na</b>	2,808 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Chicken Caesar Wrap

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	823 kcal
Calories From Fat	352 kcal
<b>Protein</b>	50 g
<b>Total lipid (fat)</b>	46 g
Fatty acids, total saturated	14 g
Fatty acids, total trans	1 g
Cholesterol	125 mg
<b>Carbohydrate, by difference</b>	54 g
Fiber, total dietary	4 g
Sugars, total	4 g
<b>Sodium, Na</b>	2,398 mg

### Club Wrap

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	942 kcal
Calories From Fat	433 kcal
<b>Protein</b>	40 g
<b>Total lipid (fat)</b>	56 g
Fatty acids, total saturated	22 g
Fatty acids, total trans	1 g
Cholesterol	110 mg
<b>Carbohydrate, by difference</b>	75 g
Fiber, total dietary	2 g
Sugars, total	21 g
<b>Sodium, Na</b>	3,085 mg

### Pick 2 White BBQ Chicken Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	632 kcal
Calories From Fat	371 kcal
<b>Protein</b>	26 g
<b>Total lipid (fat)</b>	41 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	1 g
Cholesterol	84 mg
<b>Carbohydrate, by difference</b>	27 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	1,319 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Oven-Roasted Chicken Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	516 kcal
Calories From Fat	253 kcal
<b>Protein</b>	20 g
<b>Total lipid (fat)</b>	27 g
Fatty acids, total saturated	7 g
Fatty acids, total trans	0 g
Cholesterol	69 mg
<b>Carbohydrate, by difference</b>	33 g
Fiber, total dietary	1 g
Sugars, total	10 g
<b>Sodium, Na</b>	527 mg

### Pick 2 Club Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	577 kcal
Calories From Fat	302 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	34 g
Fatty acids, total saturated	11 g
Fatty acids, total trans	0 g
Cholesterol	70 mg
<b>Carbohydrate, by difference</b>	33 g
Fiber, total dietary	1 g
Sugars, total	8 g
<b>Sodium, Na</b>	1,356 mg

### Pick 2 Chicken Salad Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	605 kcal
Calories From Fat	360 kcal
<b>Protein</b>	20 g
<b>Total lipid (fat)</b>	39 g
Fatty acids, total saturated	7 g
Fatty acids, total trans	0 g
Cholesterol	105 mg
<b>Carbohydrate, by difference</b>	30 g
Fiber, total dietary	2 g
Sugars, total	5 g
<b>Sodium, Na</b>	655 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Roasted Veggie Pita

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	773 kcal
Calories From Fat	333 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	37 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	19 mg
<b>Carbohydrate, by difference</b>	91 g
Fiber, total dietary	9 g
Sugars, total	29 g
<b>Sodium, Na</b>	1,711 mg

### Pick 2 Smoked Cheddar Melt Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	473 kcal
Calories From Fat	233 kcal
<b>Protein</b>	20 g
<b>Total lipid (fat)</b>	25 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	60 mg
<b>Carbohydrate, by difference</b>	25 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	1,623 mg

### Pick 2 Turkey Sandwich

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	348 kcal
Calories From Fat	125 kcal
<b>Protein</b>	13 g
<b>Total lipid (fat)</b>	14 g
Fatty acids, total saturated	2 g
Fatty acids, total trans	0 g
Cholesterol	29 mg
<b>Carbohydrate, by difference</b>	26 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	908 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Ham Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	348 kcal
Calories From Fat	136 kcal
<b>Protein</b>	14 g
<b>Total lipid (fat)</b>	14 g
Fatty acids, total saturated	3 g
Fatty acids, total trans	0 g
Cholesterol	36 mg
<b>Carbohydrate, by difference</b>	25 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	1,168 mg

### Pick 2 Roast Beef Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	374 kcal
Calories From Fat	144 kcal
<b>Protein</b>	15 g
<b>Total lipid (fat)</b>	16 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	0 g
Cholesterol	22 mg
<b>Carbohydrate, by difference</b>	26 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	1,254 mg

### Pick 2 Sicilian Panini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	504 kcal
Calories From Fat	277 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	36 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	3 g
Cholesterol	69 mg
<b>Carbohydrate, by difference</b>	26 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	1,581 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Cuban Panini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	383 kcal
Calories From Fat	139 kcal
<b>Protein</b>	21 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	5 g
Fatty acids, total trans	g
Cholesterol	58 mg
<b>Carbohydrate, by difference</b>	28 g
Fiber, total dietary	1 g
Sugars, total	2 g
<b>Sodium, Na</b>	1,633 mg

### Pick 2 Mediterranean Pinini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	684 kcal
Calories From Fat	372 kcal
<b>Protein</b>	49 g
<b>Total lipid (fat)</b>	52 g
Fatty acids, total saturated	16 g
Fatty acids, total trans	6 g
Cholesterol	164 mg
<b>Carbohydrate, by difference</b>	26 g
Fiber, total dietary	1 g
Sugars, total	3 g
<b>Sodium, Na</b>	2,646 mg

### Pick 2 Reuben Panini

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	496 kcal
Calories From Fat	265 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	30 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	0 g
Cholesterol	70 mg
<b>Carbohydrate, by difference</b>	13 g
Fiber, total dietary	7 g
Sugars, total	5 g
<b>Sodium, Na</b>	1,990 mg



# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Chicken Waldorf Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	333 kcal
Calories From Fat	215 kcal
<b>Protein</b>	17 g
<b>Total lipid (fat)</b>	23 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	1 g
Cholesterol	50 mg
<b>Carbohydrate, by difference</b>	15 g
Fiber, total dietary	2 g
Sugars, total	11 g
<b>Sodium, Na</b>	630 mg

### Pick 2 Chicken on Greens

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	234 kcal
Calories From Fat	112 kcal
<b>Protein</b>	22 g
<b>Total lipid (fat)</b>	12 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	0 g
Cholesterol	76 mg
<b>Carbohydrate, by difference</b>	7 g
Fiber, total dietary	2 g
Sugars, total	3 g
<b>Sodium, Na</b>	388 mg

### Pick 2 Garden Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	108 kcal
Calories From Fat	56 kcal
<b>Protein</b>	6 g
<b>Total lipid (fat)</b>	6 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	0 g
Cholesterol	17 mg
<b>Carbohydrate, by difference</b>	7 g
Fiber, total dietary	3 g
Sugars, total	4 g
<b>Sodium, Na</b>	110 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Chicken Caesar Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	466 kcal
Calories From Fat	296 kcal
<b>Protein</b>	24 g
<b>Total lipid (fat)</b>	33 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	62 mg
<b>Carbohydrate, by difference</b>	14 g
Fiber, total dietary	6 g
Sugars, total	6 g
<b>Sodium, Na</b>	916 mg

### Pick 2 Caesar Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	386 kcal
Calories From Fat	304 kcal
<b>Protein</b>	13 g
<b>Total lipid (fat)</b>	34 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	27 mg
<b>Carbohydrate, by difference</b>	12 g
Fiber, total dietary	6 g
Sugars, total	6 g
<b>Sodium, Na</b>	916 mg

### Pick 2 Chef Salad

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	147 kcal
Calories From Fat	68 kcal
<b>Protein</b>	13 g
<b>Total lipid (fat)</b>	8 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	0 g
Cholesterol	36 mg
<b>Carbohydrate, by difference</b>	7 g
Fiber, total dietary	2 g
Sugars, total	4 g
<b>Sodium, Na</b>	601 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Vegan Chili

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	830 kcal
Calories From Fat	162 kcal
<b>Protein</b>	27 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	0 g
Cholesterol	0 mg
<b>Carbohydrate, by difference</b>	128 g
Fiber, total dietary	24 g
Sugars, total	5 g
<b>Sodium, Na</b>	2,959 mg

### Pick 2 Chili

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	2,130 kcal
Calories From Fat	873 kcal
<b>Protein</b>	41 g
<b>Total lipid (fat)</b>	45 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	3 g
Cholesterol	139 mg
<b>Carbohydrate, by difference</b>	25 g
Fiber, total dietary	8 g
Sugars, total	11 g
<b>Sodium, Na</b>	1,160 mg

### Pick 2 Loaded Potato Soup

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,063 kcal
Calories From Fat	235 kcal
<b>Protein</b>	11 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	0 g
Cholesterol	30 mg
<b>Carbohydrate, by difference</b>	59 g
Fiber, total dietary	5 g
Sugars, total	3 g
<b>Sodium, Na</b>	1,086 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Broccoli & Cheese Soup

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	476 kcal
Calories From Fat	268 kcal
<b>Protein</b>	27 g
<b>Total lipid (fat)</b>	30 g
Fatty acids, total saturated	20 g
Fatty acids, total trans	0 g
Cholesterol	98 mg
<b>Carbohydrate, by difference</b>	27 g
Fiber, total dietary	4 g
Sugars, total	9 g
<b>Sodium, Na</b>	3,063 mg

### Pick 2 Crawfish Bisque

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,400 kcal
Calories From Fat	540 kcal
<b>Protein</b>	18 g
<b>Total lipid (fat)</b>	36 g
Fatty acids, total saturated	18 g
Fatty acids, total trans	g
Cholesterol	140 mg
<b>Carbohydrate, by difference</b>	18 g
Fiber, total dietary	g
Sugars, total	2 g
<b>Sodium, Na</b>	2,260 mg

### Pick 2 Creamy Chicken Noodle Soup

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,221 kcal
Calories From Fat	345 kcal
<b>Protein</b>	46 g
<b>Total lipid (fat)</b>	24 g
Fatty acids, total saturated	8 g
Fatty acids, total trans	15 g
Cholesterol	146 mg
<b>Carbohydrate, by difference</b>	0 g
Fiber, total dietary	15 g
Sugars, total	0 g
<b>Sodium, Na</b>	1,673 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Chicken & Sausage Gumbo

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,175 kcal
Calories From Fat	299 kcal
<b>Protein</b>	26 g
<b>Total lipid (fat)</b>	16 g
Fatty acids, total saturated	6 g
Fatty acids, total trans	0 g
Cholesterol	76 mg
<b>Carbohydrate, by difference</b>	14 g
Fiber, total dietary	2 g
Sugars, total	3 g
<b>Sodium, Na</b>	796 mg

### Pick 2 Shrimp & Corn Chowder

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	450 kcal
Calories From Fat	244 kcal
<b>Protein</b>	13 g
<b>Total lipid (fat)</b>	34 g
Fatty acids, total saturated	19 g
Fatty acids, total trans	g
Cholesterol	150 mg
<b>Carbohydrate, by difference</b>	47 g
Fiber, total dietary	4 g
Sugars, total	11 g
<b>Sodium, Na</b>	956 mg

### Pick 2 Tomato Basil Soup

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,400 kcal
Calories From Fat	480 kcal
<b>Protein</b>	4 g
<b>Total lipid (fat)</b>	32 g
Fatty acids, total saturated	14 g
Fatty acids, total trans	g
Cholesterol	70 mg
<b>Carbohydrate, by difference</b>	36 g
Fiber, total dietary	g
Sugars, total	18 g
<b>Sodium, Na</b>	1,760 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Plain Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	627 kcal
Calories From Fat	325 kcal
<b>Protein</b>	9 g
<b>Total lipid (fat)</b>	42 g
Fatty acids, total saturated	14 g
Fatty acids, total trans	4 g
Cholesterol	30 mg
<b>Carbohydrate, by difference</b>	67 g
Fiber, total dietary	8 g
Sugars, total	6 g
<b>Sodium, Na</b>	424 mg

### Pick 2 BBQ Chicken Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,121 kcal
Calories From Fat	672 kcal
<b>Protein</b>	38 g
<b>Total lipid (fat)</b>	80 g
Fatty acids, total saturated	25 g
Fatty acids, total trans	4 g
Cholesterol	146 mg
<b>Carbohydrate, by difference</b>	87 g
Fiber, total dietary	8 g
Sugars, total	21 g
<b>Sodium, Na</b>	1,464 mg

### Pick 2 Loaded Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,034 kcal
Calories From Fat	591 kcal
<b>Protein</b>	34 g
<b>Total lipid (fat)</b>	72 g
Fatty acids, total saturated	26 g
Fatty acids, total trans	4 g
Cholesterol	119 mg
<b>Carbohydrate, by difference</b>	72 g
Fiber, total dietary	8 g
Sugars, total	7 g
<b>Sodium, Na</b>	1,663 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Pick 2 Bacon Cheesy Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	972 kcal
Calories From Fat	558 kcal
<b>Protein</b>	31 g
<b>Total lipid (fat)</b>	68 g
Fatty acids, total saturated	26 g
Fatty acids, total trans	4 g
Cholesterol	119 mg
<b>Carbohydrate, by difference</b>	68 g
Fiber, total dietary	8 g
Sugars, total	6 g
<b>Sodium, Na</b>	1,134 mg

### Loaded Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,574 kcal
Calories From Fat	751 kcal
<b>Protein</b>	57 g
<b>Total lipid (fat)</b>	89 g
Fatty acids, total saturated	30 g
Fatty acids, total trans	4 g
Cholesterol	174 mg
<b>Carbohydrate, by difference</b>	142 g
Fiber, total dietary	16 g
Sugars, total	10 g
<b>Sodium, Na</b>	2,734 mg

### Bacon Cheesy Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,473 kcal
Calories From Fat	734 kcal
<b>Protein</b>	47 g
<b>Total lipid (fat)</b>	89 g
Fatty acids, total saturated	33 g
Fatty acids, total trans	6 g
Cholesterol	155 mg
<b>Carbohydrate, by difference</b>	133 g
Fiber, total dietary	16 g
Sugars, total	9 g
<b>Sodium, Na</b>	1,569 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### BBQ Chicken Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,895 kcal
Calories From Fat	1,019 kcal
<b>Protein</b>	74 g
<b>Total lipid (fat)</b>	119 g
Fatty acids, total saturated	37 g
Fatty acids, total trans	4 g
Cholesterol	261 mg
<b>Carbohydrate, by difference</b>	171 g
Fiber, total dietary	16 g
Sugars, total	38 g
<b>Sodium, Na</b>	2,524 mg

### Cajun Shrimp Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,415 kcal
Calories From Fat	699 kcal
<b>Protein</b>	65 g
<b>Total lipid (fat)</b>	85 g
Fatty acids, total saturated	38 g
Fatty acids, total trans	4 g
Cholesterol	305 mg
<b>Carbohydrate, by difference</b>	135 g
Fiber, total dietary	17 g
Sugars, total	11 g
<b>Sodium, Na</b>	1,650 mg

### Turtle Cheesecake

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	940 kcal
Calories From Fat	550 kcal
<b>Protein</b>	15 g
<b>Total lipid (fat)</b>	61 g
Fatty acids, total saturated	33 g
Fatty acids, total trans	2 g
Cholesterol	265 mg
<b>Carbohydrate, by difference</b>	83 g
Fiber, total dietary	3 g
Sugars, total	58 g
<b>Sodium, Na</b>	600 mg



# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Strawberry Wave Cheesecake

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	830 kcal
Calories From Fat	500 kcal
<b>Protein</b>	14 g
<b>Total lipid (fat)</b>	55 g
Fatty acids, total saturated	32 g
Fatty acids, total trans	2 g
Cholesterol	265 mg
<b>Carbohydrate, by difference</b>	71 g
Fiber, total dietary	2 g
Sugars, total	57 g
<b>Sodium, Na</b>	560 mg

### Chocolate Eruption

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	950 kcal
Calories From Fat	510 kcal
<b>Protein</b>	12 g
<b>Total lipid (fat)</b>	57 g
Fatty acids, total saturated	35 g
Fatty acids, total trans	1 g
Cholesterol	150 mg
<b>Carbohydrate, by difference</b>	117 g
Fiber, total dietary	4 g
Sugars, total	88 g
<b>Sodium, Na</b>	580 mg

### Carrot Cake

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	1,170 kcal
Calories From Fat	660 kcal
<b>Protein</b>	11 g
<b>Total lipid (fat)</b>	73 g
Fatty acids, total saturated	31 g
Fatty acids, total trans	1 g
Cholesterol	135 mg
<b>Carbohydrate, by difference</b>	117 g
Fiber, total dietary	4 g
Sugars, total	88 g
<b>Sodium, Na</b>	700 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Mile High Cheesecake

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	910 kcal
Calories From Fat	560 kcal
<b>Protein</b>	16 g
<b>Total lipid (fat)</b>	62 g
Fatty acids, total saturated	36 g
Fatty acids, total trans	3 g
Cholesterol	320 mg
<b>Carbohydrate, by difference</b>	72 g
Fiber, total dietary	2 g
Sugars, total	59 g
<b>Sodium, Na</b>	660 mg

### Chocolate Chunk Cookie

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	360 kcal
Calories From Fat	150 kcal
<b>Protein</b>	g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	g
Cholesterol	45 mg
<b>Carbohydrate, by difference</b>	55 g
Fiber, total dietary	3 g
Sugars, total	20 g
<b>Sodium, Na</b>	270 mg

### Heathbar Crunch Cookie

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	380 kcal
Calories From Fat	150 kcal
<b>Protein</b>	3 g
<b>Total lipid (fat)</b>	17 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	g
Cholesterol	50 mg
<b>Carbohydrate, by difference</b>	53 g
Fiber, total dietary	1 g
Sugars, total	35 g
<b>Sodium, Na</b>	360 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Oakmeal Raisin Cookie

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	330 kcal
Calories From Fat	90 kcal
<b>Protein</b>	6 g
<b>Total lipid (fat)</b>	10 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	g
Cholesterol	30 mg
<b>Carbohydrate, by difference</b>	55 g
Fiber, total dietary	3 g
Sugars, total	20 g
<b>Sodium, Na</b>	270 mg

### White Chocolate Macadamia Cookie

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	400 kcal
Calories From Fat	200 kcal
<b>Protein</b>	4 g
<b>Total lipid (fat)</b>	22 g
Fatty acids, total saturated	12 g
Fatty acids, total trans	g
Cholesterol	40 mg
<b>Carbohydrate, by difference</b>	49 g
Fiber, total dietary	1 g
Sugars, total	32 g
<b>Sodium, Na</b>	260 mg

### Royale Cookie

**Serving Size:** 1 each

**# Servings:** 1

**Notes:**

<b>Energy</b>	390 kcal
Calories From Fat	200 kcal
<b>Protein</b>	4 g
<b>Total lipid (fat)</b>	22 g
Fatty acids, total saturated	11 g
Fatty acids, total trans	g
Cholesterol	35 mg
<b>Carbohydrate, by difference</b>	48 g
Fiber, total dietary	3 g
Sugars, total	31 g
<b>Sodium, Na</b>	240 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Sugar Cookie

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	300 kcal
Calories From Fat	110 kcal
<b>Protein</b>	4 g
<b>Total lipid (fat)</b>	12 g
Fatty acids, total saturated	4 g
Fatty acids, total trans	g
Cholesterol	10 mg
<b>Carbohydrate, by difference</b>	43 g
Fiber, total dietary	1 g
Sugars, total	22 g
<b>Sodium, Na</b>	30 mg

### Junior Ham Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	334 kcal
Calories From Fat	104 kcal
<b>Protein</b>	21 g
<b>Total lipid (fat)</b>	14 g
Fatty acids, total saturated	5 g
Fatty acids, total trans	1 g
Cholesterol	51 mg
<b>Carbohydrate, by difference</b>	37 g
Fiber, total dietary	2 g
Sugars, total	3 g
<b>Sodium, Na</b>	1,783 mg

### Junior Turkey Sandwich

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	334 kcal
Calories From Fat	93 kcal
<b>Protein</b>	20 g
<b>Total lipid (fat)</b>	14 g
Fatty acids, total saturated	5 g
Fatty acids, total trans	1 g
Cholesterol	44 mg
<b>Carbohydrate, by difference</b>	38 g
Fiber, total dietary	2 g
Sugars, total	2 g
<b>Sodium, Na</b>	1,524 mg

# Sweet Peppers

## Nutritional Label

Show: [Nutrition Session](#) Location Specific Recipe Source: [All Company](#)

### Kids Nachos

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	785 kcal
Calories From Fat	398 kcal
<b>Protein</b>	19 g
<b>Total lipid (fat)</b>	44 g
Fatty acids, total saturated	23 g
Fatty acids, total trans	g
Cholesterol	54 mg
<b>Carbohydrate, by difference</b>	75 g
Fiber, total dietary	4 g
Sugars, total	6 g
<b>Sodium, Na</b>	1,786 mg

### Junior Cheesy Potato

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	774 kcal
Calories From Fat	431 kcal
<b>Protein</b>	18 g
<b>Total lipid (fat)</b>	54 g
Fatty acids, total saturated	22 g
Fatty acids, total trans	4 g
Cholesterol	65 mg
<b>Carbohydrate, by difference</b>	67 g
Fiber, total dietary	8 g
Sugars, total	6 g
<b>Sodium, Na</b>	612 mg

### Kids Pizza

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	475 kcal
Calories From Fat	152 kcal
<b>Protein</b>	16 g
<b>Total lipid (fat)</b>	15 g
Fatty acids, total saturated	7 g
Fatty acids, total trans	g
Cholesterol	28 mg
<b>Carbohydrate, by difference</b>	45 g
Fiber, total dietary	2 g
Sugars, total	3 g
<b>Sodium, Na</b>	969 mg

# Sweet Peppers

## Nutritional Label

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### Kids Hot Dawg

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	393 kcal
Calories From Fat	273 kcal
<b>Protein</b>	10 g
<b>Total lipid (fat)</b>	30 g
Fatty acids, total saturated	10 g
Fatty acids, total trans	2 g
Cholesterol	40 mg
<b>Carbohydrate, by difference</b>	31 g
Fiber, total dietary	0 g
Sugars, total	5 g
<b>Sodium, Na</b>	1,506 mg

### Kids Cheese Quesadilla

<b>Serving Size:</b> 1 each	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	1,043 kcal
Calories From Fat	598 kcal
<b>Protein</b>	44 g
<b>Total lipid (fat)</b>	77 g
Fatty acids, total saturated	41 g
Fatty acids, total trans	4 g
Cholesterol	140 mg
<b>Carbohydrate, by difference</b>	48 g
Fiber, total dietary	1 g
Sugars, total	1 g
<b>Sodium, Na</b>	2,151 mg

### Kids Mac-n-Cheese

<b>Serving Size:</b> 7 oz	
<b># Servings:</b> 1	
<b>Notes:</b>	
<b>Energy</b>	300 kcal
Calories From Fat	81 kcal
<b>Protein</b>	11 g
<b>Total lipid (fat)</b>	9 g
Fatty acids, total saturated	3 g
Fatty acids, total trans	g
Cholesterol	15 mg
<b>Carbohydrate, by difference</b>	45 g
Fiber, total dietary	2 g
Sugars, total	8 g
<b>Sodium, Na</b>	570 mg