



## MENU

256.383.8800

619 AVALON AVENUE

MUSCLE SHOALS, AL

www.sweetpeppersdeli.com

### Starters

**CHIPS N' ROTEL** A bowl of rotel cheese sauce served with tortilla chips & a side of jalapeno peppers. 4.49

**CHIPS N' ROTEL WITH SALSA** Rotel cheese sauce, salsa, jalapeno peppers, sour cream & a large order of tortilla chips. 5.49

**CHILI NACHOS** Tortilla chips topped with homemade chili, cheddar & jack cheeses, tomatoes, green onions, black olives, sour cream & sliced jalapeno peppers. 5.99

**SOUP OF THE DAY** Piping hot soup served in our fresh baked bread bowl – see menu board for today's soup. 4.99

**CUP OF SOUP** An 8oz serving of our soup of the day. 2.59

**CHIPS N' SALSA** A large order of warm tortilla chips served with our fresh salsa. 3.29

**HOMEMADE CHILI** Fresh baked bread bowl filled with our "made from scratch" chili topped with grated cheddar & Monterey jack cheeses. 4.99

### Wraps

*Served with pickle spear & your choice of potato chips, cole slaw, potato salad, pasta salad or mixed fruit.*

**CLUB WRAP** Thinly shaved turkey, ham, cheddar & jack cheeses, crisp bacon, lettuce & tomatoes with our honey mustard dressing rolled in a flour tortilla. 6.99

**SOUTHWEST WRAP** Grilled chicken, lettuce, tomatoes, cheddar & jack cheeses, corn, black beans, ranch dressing & BBQ sauce, rolled in a soft white flour tortilla. Served with tortilla chips & fresh salsa. 6.99

**CHICKEN CAESAR WRAP** Fresh Romaine lettuce with grilled chicken, Parmesan cheese and Caesar dressing all rolled in a soft flour tortilla. 6.99

### Salads

*Salads are served with crackers & your choice of: Thousand Island, Ranch, Bleu Cheese, Peppers Honey Mustard, Parmesan Peppercorn, Lite Italian, Caesar. Fat Free: Ranch, Honey Dijon, Tomato Basil Vinaigrette*

**WALDORF SALAD** Mixed baby greens, grilled & chilled chicken breast, seedless grapes, granny smith apples, candied pecans, celery and gorgonzola cheese tossed with a balsamic vinaigrette. 7.99

**SOUP N' SALAD** A fresh baked bread bowl filled with the soup of the day, served with your choice of a small garden or Caesar salad. 6.99

**CHEF SALAD** Crisp, fresh greens, crunchy cucumbers, tomatoes, ham, turkey, grated cheddar & jack cheeses, homemade croutons & a salad pepper. 6.89

**CHOPPED SALAD WITH TOMATO & BASIL** Chopped chicken, red & green bell peppers, red onions and Mandarin oranges tossed with fresh baby greens & Romaine in a fat free sun-dried tomato & basil vinaigrette. 6.99

**CHICKEN SALAD ON DELI GREENS** Our own recipe, made fresh using all white meat chicken, eggs, red seedless grapes & chopped pecans, served on a bed of crisp greens with crunchy cucumbers & ripe tomatoes. 6.89

**CAESAR CHICKEN GRILL SALAD** Tender grilled chicken breast on a bed of fresh Romaine, homemade croutons, slivers of sun-dried tomatoes & grated Parmesan cheese. 6.99

**TACO SALAD** Layers of crisp lettuce, tomatoes, chili, tortilla chips, topped with grated cheddar & Monterey jack cheeses, sour cream, jalapeno peppers & black olives – served with a side of fresh salsa. 6.99

**TUNA SALAD ON DELI GREENS** Fresh tuna salad with cucumbers & tomatoes served on a bed of greens with a salad pepper. 6.49

**CHICKEN GRILL SALAD** Fresh greens, cucumbers, tomatoes, crisp bacon, grated cheddar & Monterey jack cheeses topped with tender, juicy chicken breast & homemade croutons. 6.99

**CAESAR SALAD** The classic Caesar salad with our homemade croutons, slivers of sun-dried tomatoes & grated Parmesan cheese. 4.89 3.29

**GARDEN SALAD** Fresh greens, tomatoes, sliced cucumbers, grated cheddar & jack cheeses topped with bell pepper rings & our homemade croutons. 4.89 3.29

### Specialty Sandwiches

*Served with a pickle spear & your choice of potato chips, cole slaw, potato salad, pasta salad or mixed fruit.*

**SMOKED CHEDDAR MELT** Piles of hickory smoked ham & crispy bacon, topped with smoked cheddar cheese. 5.99 **L**

**TBC** Layers of deli sliced smoked turkey, lean, crispy bacon topped with cheddar cheese. 5.99 **L**

**GRILLED CHICKEN BREAST SANDWICH** Grilled chicken breast topped with melted Swiss cheese, mayonnaise, honey mustard dressing, lettuce & tomatoes on your choice of bread. 6.89

**BBQ BEEF** Deli shaved tender roast beef with our BBQ sauce, topped with melted provolone cheese. 5.89 **L**

**HOAGIE** Layers of hickory smoked ham, thinly sliced Genoa hard salami and Swiss cheese. 5.99 **L**

**VEGETARIAN** Crunchy cucumbers, red & green bell peppers, lettuce & tomatoes topped with Swiss cheese with a side of Parmesan peppercorn dressing. 4.99 **L**

### Panini (pah • NEE • nee) pl.

*Italian style sandwiches, grilled, pressed, and usually made with vegetables, cheese, and grilled or cured meat.*

**CUBAN** A French loaf with layers of thinly sliced turkey breast, deli shaved ham, pickle slices, our dijon mayonnaise, with melted Swiss cheese, served with your choice of side item. 6.99

**SICILIAN** Grilled ciabatta bread stacked with ham, pepperoni, salami and provolone cheese topped with red bell peppers, pepperoncini, tomato and Italian dressing, served with your choice of a side item. 7.29

**MEDITERRANEAN CHICKEN** Layers of Genoa hard salami, pepperoni, sliced grilled chicken tossed in our Greek dressing, with melted provolone cheese, on focaccia bread with your choice of side item. 7.49

**GRANDE** Thinly sliced roast beef with our horseradish spread, smothered with roasted bell peppers & onions, topped with melted provolone cheese, on focaccia bread & served with your choice of side item. 6.99

**HAWAIIAN CHICKEN** Teriyaki glazed chicken breast topped with pineapple, red bell pepper rings and pepper jack cheese on ciabatta bread lightly smeared with brown mustard, served with your choice of a side item. 7.29

**REUBEN** Piles of thinly sliced tender corned beef on pumpnickel, topped with sauerkraut, melted Swiss cheese and 1000 Island dressing, served with your choice of side item. 6.99

### Select Sandwiches

*Served with a pickle spear & your choice of potato chips, cole slaw, potato salad, pasta salad or mixed fruit.*

**CLUB** Turkey, ham, cheddar & Swiss cheeses, bacon, lettuce, tomatoes, mayonnaise and our own honey mustard dressing on toasted wheat bread. 6.89

**THE BLITZ** Layers of roast beef, turkey and ham, topped with your choice of cheese. 5.99 **L**

**CHICKEN CLUB** Grilled chicken breast, cheddar & Swiss cheeses, bacon, lettuce, tomatoes, mayonnaise & our honey mustard dressing on toasted wheat bread. 6.99

**PEPPERS & BEEF** Tender roast beef with onions, green & red bell peppers, topped with Monterey jack cheese, served with au jus. 5.99 **L**

**THE BULLDOG** Tender roast beef, kielbasa, spicy jalapeno pepper cheese, our own BBQ sauce with your choice of toppings. 5.99 **L**

**MUFFALETTA** Piles of thinly sliced ham and Genoa salami, fresh olive salad, smothered in provolone cheese, served on traditional muffaletta bread. 6.29 **L**

**BBC** Tender, lean roast beef piled high, lean crispy bacon & melted cheddar cheese. 5.99 **L**

### Sandwiches

*Served with a pickle spear & your choice of potato chips, cole slaw, potato salad, pasta salad or mixed fruit. Add any cheese .70 large .35 reg*

**CHICKEN SALAD SANDWICH** Our own recipe, made fresh daily with all white meat chicken, eggs, red seedless grapes & chopped pecans. 5.99 **L**

**SMOKED TURKEY** Piles of delicious thinly sliced tender smoked turkey breast. 5.89 **L**

**ROAST BEEF** Lean sliced roast beef served with a side of our famous gravy. 5.89 **L**

**BLT** Crisp bacon, fresh iceberg lettuce and tomato slices with mayo. 5.79 **L**

**HAM** Thinly sliced, hickory smoked ham. 5.89 **L**

**TUNA SALAD SANDWICH** Our own recipe, made fresh daily with sweet pickle relish & chopped pecans. 5.89 **L**

**CORNED BEEF** Thinly sliced corned beef on your choice of bread with any toppings. 5.89 **L**

**CHEESE SANDWICH** Your choice of three cheeses, melted on your choice of bread with any toppings. 3.99 **L**

**L MAKE IT A LARGE – ADD \$2**

## Potatoes

**LOADED TATER** Stuffed with ham, turkey, crisp bacon, grated cheddar & Monterey jack cheeses, chopped green onions & black olives, with a side of butter & sour cream. 6.89

**BACON CHEESY TATER** Loaded with chopped, crispy bacon then smothered with cheddar & Monterey jack cheeses, served with a side of butter & sour cream. 5.99

**BORDER TATER** Smothered with our homemade chili, cheddar & Monterey jack cheeses, then topped with chopped purple onions. 5.89

**CHEESY TATER** Baked potato smothered with cheddar and Monterey jack cheeses, served with a side of butter & sour cream. 4.99

*Fat Free Butter & Sour Cream available upon request.*

## LiteLine

**LITE CHOPPED SALAD with TOMATO & BASIL** Chopped chicken, red & green bell peppers, red onions, tomatoes & Mandarin oranges tossed with baby greens & Romaine in fat free sun-dried tomato & basil vinaigrette. 6.99 [cal: 240 / fat: 2g]

**LITE BABY GRANDE PANINI** Thinly sliced roast beef with our horseradish spread smothered with roasted bell peppers & onions on focaccia bread with a side of fruit. 5.49 [cal: 170 / fat: 4g]

**LITE SMOKED TURKEY** Layers of deli sliced, smoked turkey on wheat bread served with fresh fruit. 5.89 [cal: 231 / fat: 3g]

**LITE GRILLED CHICKEN** Tender grilled chicken breast on wheat bread served with fresh fruit. 6.89 [cal: 293 / fat: 4g]

**LITE VEGGIE WRAP** Red & green bell peppers, tomatoes, cucumbers & shredded lettuce, wrapped in a whole wheat, low carb tortilla with fresh fruit. 5.49 [cal: 102 / fat: 8g]

**LITE ROAST BEEF** Layers of deli sliced roast beef on wheat bread with fresh fruit. 5.89 [cal: 293 / fat: 8g]

**LITE GARDEN SALAD** Fresh greens, tomatoes, cucumbers with red & green bell peppers. 3.29 [cal: 196 / fat: 2g]

*Note: Nutrition analysis for LiteLine menu does not include condiments, dressings, croutons, sauces or extras. Customer requests to modify standard sandwich recipes, add condiments or dressings may increase calories and fat. Suggested serving includes a fruit cup adding 60 calories.*

## Drinks

**SWEET/UNSWEET ICED TEA** (free refills)

**COFFEE** (free refills)

**BOTTLED WATER**

**SOFT DRINKS** (free refills)

**SWEET PEPPERS DELI** is proud to serve

*Coca-Cola* products!

## Breads

**large:** white, wheat, or tomato

**regular:** white, wheat, tomato, onion, ciabatta, croissant, pita, wheat toast or white toast

## Cheeses

American, Swiss, Cheddar, Smoked Cheddar, Provolone, Jalapeno Pepper, Monterey Jack, Mozzarella

## Desserts

**MILE HIGH CHEESECAKE** Made with cream cheese, pure vanilla & butter, baked on a pecan & graham cracker crust. 3.69

**STRAWBERRY WAVE CHEESECAKE** The cool blend of pureed strawberries and vanilla in this cheesecake will bring back memories of warm spring days in the strawberry patch. 3.69

### CHOCOLATE ERUPTION

A fantasy dessert! This pyramid of rich chocolate cream is studded with nuts, chocolate chips, and turtle cheesecake & has chocolate curls and golden caramel erupting from the center. 3.99

**TURTLE CHEESECAKE** Chocolate fudge & cheesecake topped with caramel & pecan pieces, on a graham cracker crust. 3.69

### CHOCOLATE CARAMEL FUDGE PECAN PIE

Dark chocolate, gooey caramel with creamy fudge, baked like a brownie and served like a pie with pecan pieces and caramel sauce. 3.69

**CARROT CAKE** Layers of incredibly moist carrot cake sandwiched with smooth cream cheese icing with pecans and shards of fresh toasted coconut. 3.69

### RASPBERRY ERUPTION

A work of art! An eruption of color and flavor, this unique dessert has juicy whole raspberries folded into a delicious cream cheese mixture with rivers of raspberry sauce cascading from the peak. 3.99

Whole Pies & Cakes available.  
(Serves 12) 34.95-39.95

### FRESH BAKED COOKIES 1.09

Assorted Dozen 11.95

- Chocolate Chunk
- Heath® Bar Crunch
- Oatmeal Raisin
- Peanut Butter
- White Chocolate Macadamia
- Sugar
- Triple Chocolate
- Royale

*(Cookies are baked daily, availability may vary)*

## Just for Kids

### JUNIOR HAM

Ham & cheddar on wheat, with potato chips. 3.49

### JUNIOR TURKEY

Turkey & cheddar on wheat, with potato chips. 3.49

### TOASTED CHEESE

Melted American on toasted wheat, with potato chips. 2.49

### KIDS NACHO

A junior sized version of Chips N' Rotel. 2.99

### PB&J

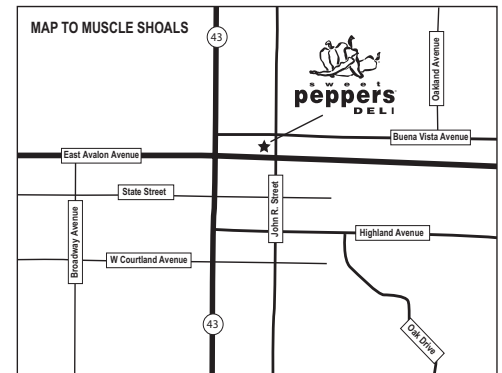
Peanut butter & grape jelly on wheat, with potato chips. 2.49

### HOT DAWG

100% beef wiener, with potato chips. 2.49

### JUNIOR CHEESY TATER

A smaller version of our cheesy tater. 2.49



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MUSCLE SHOALS, AL

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 **PEPPERS  
FAVORITES**

*Menu items and pricing subject to change*